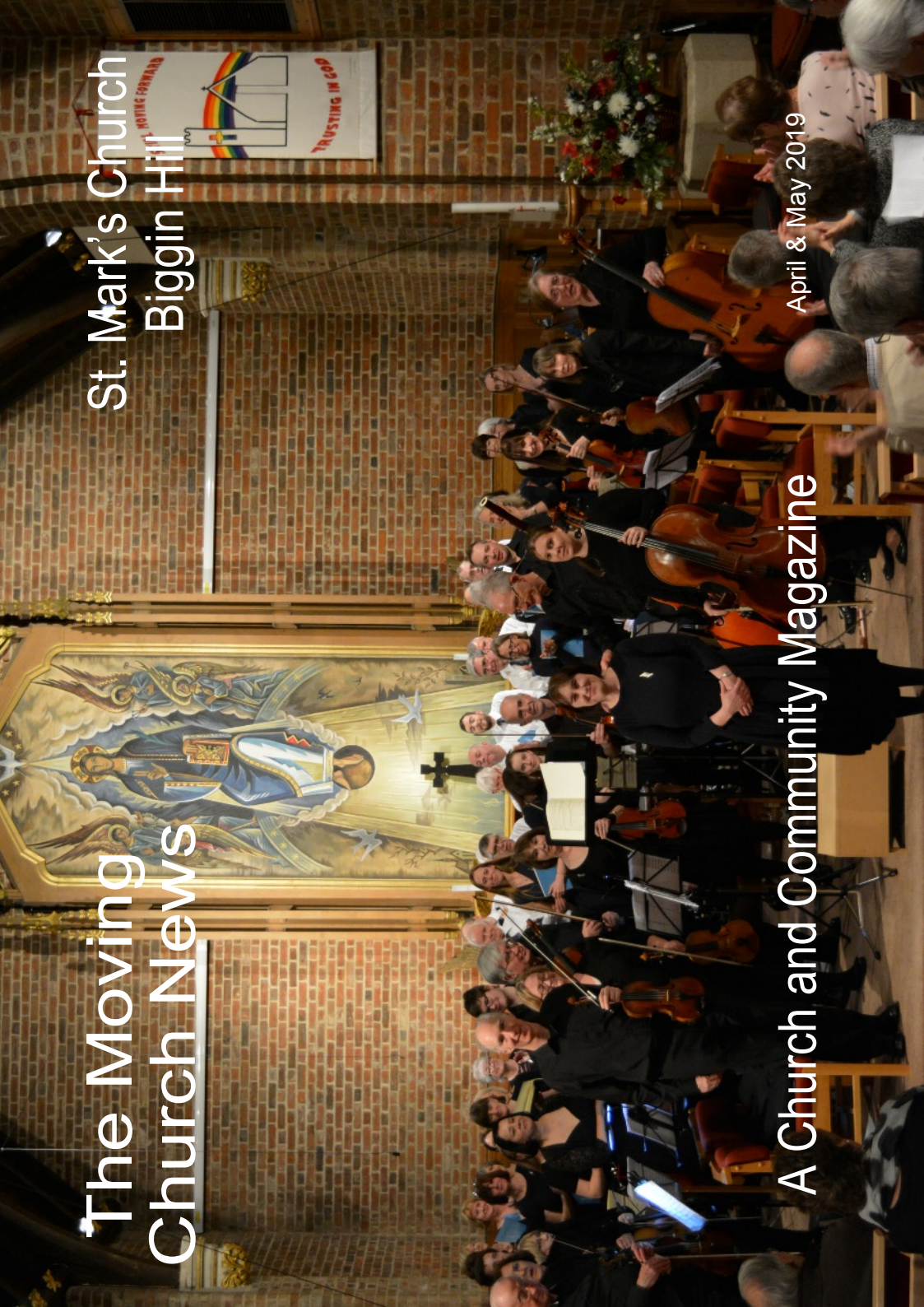


The Moving Church News

St. Mark's Church
Biggin Hill

A Church and Community Magazine

April & May 2019





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Welcome to the Moving Church News

the bi-monthly magazine of
St. Mark's Church, Biggin Hill

Forthcoming Events

Easter Services

Please see page 7

Memory Support Group

Please see page 10

Messy Church

Please see page 18

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St. Mark's Parish Church, Biggin Hill

Church Road, Biggin Hill, Kent, TN16 3LB

Parish office: 01959 577816

Email: admin@movingchurch.org

St Mark's website: www.movingchurch.org

Vicar	Revd. Alison Newman	01959 540482
Church Wardens	Caroline Budimir	01959 576093
	Jeremy Peacock	01959 570145
Reader/Evangelist	Mark Newman	01959 540482
Reader	David Shannon	01959 700668
Pastoral Assistants	Steve Stewart	01959 565400

**For Hall Bookings, Baptism, Wedding and general enquiries,
please contact the Parish Office.**

**Office hours: Monday to Thursday 9 am to 12 noon
Friday 10.30 am to 11.30 am (Term time only)**

Services at St. Mark's

Sundays

8.00am Holy Communion (1662)

10.30am Parish Communion (Except 1st Sunday)

10.30am 1st Sunday - An All Age Service takes place in the church and is a very informal worship, which is ideal for families, new Christians and those exploring Christianity.

Wednesdays

10.00am Holy Communion Service

Christian Journey

Many years ago I went to visit an exhibition called 'Seeing Salvation' at the National Gallery, London. It was a wonderful collection of paintings from around Europe and all of them could only be understood in the context of Christianity. It was amazing how various painters had interpreted biblical events but also showed that with no knowledge of the Christian faith they can only be seen as great works of art.

A particular painting which spoke to me was the image of a lamb ready to be slaughtered. The lamb is bound and lying on an altar, a look of resignation on its face. The painting is incredibly life-like,



especially the intricate way the fleece has been painted. I remember being transfixed by the painting. It's called 'Agnus Dei' and the painter is Francisco de Zurbaran (1598 – 1664). It is a beautiful, simple and stark work of art.

The picture is of course symbolic. It depicts Jesus as the sacrificial lamb ready for the slaughter. In the Old Testament lambs were sacrificed as a means of taking sins away. It might sound strange to us but the idea was that the lamb who had done no wrong took

the punishment of the one who was bringing the sacrifice. On Good Friday we remember Jesus dying on the cross and one image that is used is the idea that Jesus sacrificed Himself for us and all the wrong things we have done. His death on the Cross took away our sins and brought us back into a right relationship with God. The One who had done no wrong took our wrong doing upon Himself. Maybe we think we are all right, we have never done anything wrong, we aren't sinful.

We have never murdered anyone or stolen anything - but in fact, we have all messed up: none of us can call ourselves perfect. As human beings we often try to do good but somehow, we find it impossible to always say and do the right things if we're honest. These wrong things put a barrier between us and God, but Jesus' death on the Cross broke that barrier once and for all and provided a way back to a relationship with God.

When we invite Jesus into our lives and acknowledge we have done wrong then we can know that forgiveness from God. Jesus' death on the Cross put an end to the need for animal sacrifices. This is what we remember on Good Friday and why, of course, we have hot cross buns.

A hymn which made a great impression on me as a child of 7 has this verse

***I sometimes think about the cross,
And shut my eyes, and try to see
The cruel nails and crown of thorns,
And Jesus crucified for me.
(William W How 1872)***

I could visualise Jesus on the Cross and knew he had done something wonderful for me, that Easter was the start of my Christian journey. If you are not yet a Christian I pray this Easter might be the start of the Christian journey for you too.

Revd Alison Newman

Easter at St. Mark's

Maundy Thursday 18th April

7pm Passover Meal and Communion - by ticket only which can be purchased nearer the time from the church office 01959 577816

Good Friday 19th April

10am

Messy Church
(See page 11)

11am

All Age Worship

11.30am

Hot Cross buns and
drinks

2pm

A quiet contemplative
Good Friday Service

Easter Sunday 21st April

8am Holy Communion (1662)

10.30am Family Communion
followed by an Easter Egg Hunt
in church





Biggin Hill Residents Association

'Working for the Community'

Founded in 1934

Nominations Invited!

Do you know a young person who has made a difference in Biggin Hill in the last year? Maybe someone who has helped others, someone who has made a significant contribution to their school or organisation, or someone who puts others before themselves for the good of their community? If you do, then Biggin Hill Residents Association wants to hear from you.



Bob Shekyls, a much respected Biggin Hill Councillor for 12 years between 1994 and 2006, sadly passed away last January and in memory of Bob, the Residents Association invites locals to nominate young people under the age of 25 who live, go to school or work in the area, for the annual Bob Shekyls Achievement Award for Young People.

“All entries will be acknowledged and the deserving winner will be announced at our AGM in October”, said Chairman Peter Martin, “where the young person will be presented with a trophy and gift vouchers of their choice”.

Contact Peter for a nomination form by either emailing him at peter@sudarg.com or phoning him on 07763 215037. You can also download a form from the Biggin Hill Residents Association Facebook page.

Closing date is Friday 13 September 2019.

St. George's In Concert....



St George' s Singers and Orchestra gave a wonderful performance at St Mark's church on Saturday 9th February and raised over £400 for the Bell Tower fund. The evening included Haydn's 'Missa Brevis Sancti Joannius De Deo' and Mozart's 'Requiem'. We look forward to the next concert!

Biggin Hill Community Care Association

St. Mark's Centre, Church Road, Biggin Hill, TN16 3LB
01959 577400 bigginhillcommunitycare@gmail.com
bigginhillcommunitycare.org **facebook**



Day Centre - A friendly and stimulating service for older people

Wednesday Lunch Club - Enjoy a home cooked meal every Wednesday and meet new people

Art Group - A popular weekly painting and drawing group

Singing For Fun - A monthly singing group just for enjoyment

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Memory Friendly Support Group

Will meet on

Thursday 16th May and

Thursday 19th June

At 3.30pm in the church

Anyone with memory problems, and their carers are welcome to come along for tea, cakes and conversation

Flowers for Church



If you would like to make a donation towards the cost of flowers in church for a particular week, to mark an anniversary or a special event, please contact either Caroline Budimir on 01959 576093 or the Parish Office on 01959 577816

At St. Mark's.....

The Choir

Practices take place on Fridays at 7.30pm - all ages welcome! For more details please call the Parish Office - 01959 577816

Bell Ringing

Please contact the Parish Office on 01959 577816

2nd Biggin Hill Rainbows (5-7 yrs)

Please contact Pauline Hallinan on 01959 576433

1st Biggin Hill Guides

Please contact Rosemary Spurway on 01959 575717

Baby & Toddler Group

Every Monday and Friday from 10.00 am in the Church Hall during school terms. Contact the Parish Office for details - 01959 577816 - or just come along.

Home Groups

Home groups meet every fortnight for fellowship and Bible Study. For more information contact David Shannon on 01959 700668

Music Group

St. Mark's Music Group. Songs and fellowship with a lively touch. Call 01959 575129 for details



For all the Family!

All are welcome to come and join in with crafts and activities for all ages!

Good Friday 19th April 10am

This will be followed by the All Age Family Service in church at 11am with Hot Cross buns and drinks afterwards at 11.30am

Memory Slot

I was turning out old papers in my study the other day when I came across something I would like to share with you. It was a piece I prepared when I took part in a course at St Marks, organised by the English Speaking board for those involved in church worship. We were asked to prepare a short, "Thought for the Day" piece and this is what I presented.

'Have you been on holiday this year? If so no doubt you took lots of holiday photos. But there are times, whether on holiday or during our daily life when a photo does not capture the spirit of the moment.

Let me give you an example - A few years ago whilst on holiday in Somerset my younger daughter and I went for a very early morning walk along the course of a river and we found a place so peaceful and beautiful that we were both entranced by it. The river was wide and shallow and running through some woods with steep hills rising up either side and we both sensed something special about the place.

I said 'I wish I had my camera, so we could remember this place'. My daughter with typical eight year old practicality said, "Never mind Mummy, put it in your memory slot"

And I think this is what we all need. A little memory store of special moments, when we feel at peace and close to God, that we can return to at times when our busy lives are in need of a spiritual; and emotional boost.

So look out for your own special moments of peace. Pop them into your own memory slot and then return to them whenever you can, to refresh your spirit and bring yourself closer to God.'

Judy Sharp

Don't forget that you can help raise funds for St Mark's by using -

Easyfundraising'

If you use the Internet to order anything at all - using 'easyfundraising' is an easy way to raise money for St Mark's Church. Everyday items plus kitchens, bathrooms, furniture etc can be bought from over 2,700 retailers and a percentage of what you spend is automatically donated to the church at no additional cost to you. Retailers include Amazon, John Lewis, eBay, Tesco and many more. Please register to support us today.

<https://www.easyfundraising.org.uk/causes/stmarksbigginhill/>

Use this link to go to the St Mark's page on the website, use the 'Join Us'

Worried?

Problems?

We at St. Mark's would like to help you. If you would like our help, or simply want someone to talk to, please call on one of these numbers:

01959 540482 (Vicar),

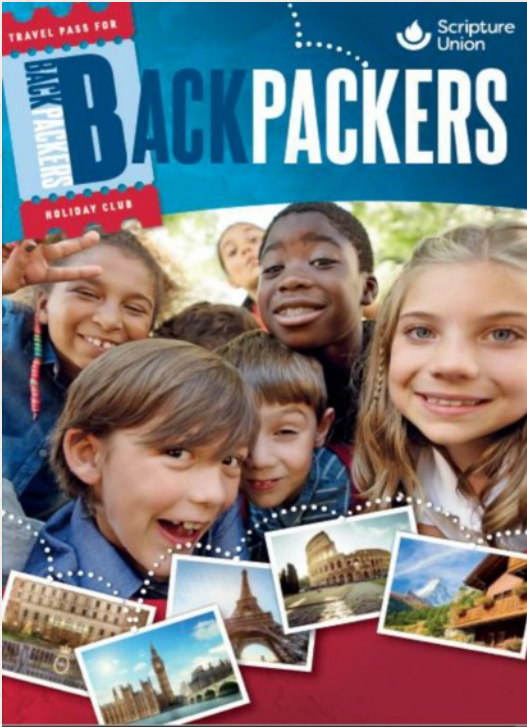
01959 573573 or 07857 527452 (Barry - pastoral care.)

The people of St. Mark's Church would like you to know that we pray for Biggin Hill regularly.

If you would like us to pray for you, someone you know or for something that concerns you, please let us know and we will be happy to do so. In order to comply with the Data Protection Regulations, please ensure you have the permission of the person to be prayed for.

Please contact the Church office. The times the office is open can be found on page four. A message can be left on the answer machine outside of these times - 01959 577816

If you prefer, you could send your prayer request to St. Mark's Vicarage, 10, Church Road, Biggin Hill, Kent TN16 3LB



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Biggin Hill**

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newmans60@btinternet.com

'The earth laughs in flowers.'

- Ralph Waldo Emerson



The Biggin Hill Friends of the Parks have been busy over the winter, litter picking, repairing fencing, installing notice boards, tidying the Sensory Garden, removing graffiti, cutting back brambles to enjoy the bluebells this spring, repairing and installing benches, as well as helping other residents and organisations litter picking the main road are just some tasks carried out over the past six months.

Now spring has arrived weeding and pruning in the Sensory and Kings Road gardens will take priority, however as much as everyone enjoys these activities, it takes a lot of effort and time by a fully equipped group of volunteers. But with extra help from more volunteers, not only will Biggin Hill become more welcoming for the community, young and old can enjoy the facilities, schools will be able to take advantage of the green open spaces Biggin Hill offers, provide educational opportunities and become a safe and secure place to live

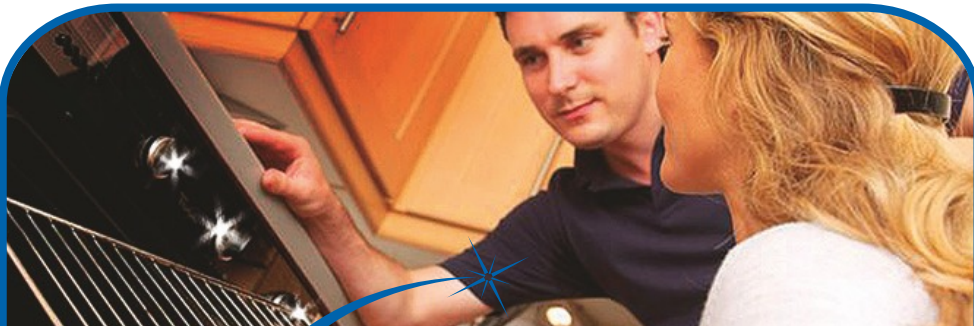
Yes we have experienced a few problems with some unsavoury incidents, but local schools and the police have been very supportive to the group and understand what it provides.

Biggin Hill Friends of the Parks help to maintain local woodlands, located off Old Tye Avenue, as well as Jugs Hill in Biggin Hill and the Sensory Garden. Come and enjoy these pleasures, be proud to be part of a group working together to enhance and learn about our local environment.

A vital and passionate group of people that care for their environment and their community, to maintain The Rec, Sensory garden, Jug Hill, Mine Shaw and Kings Road Open Space. We meet every second Saturday of the month for a couple of hours but we urgently need your help.

Do join us and keep Biggin Hill a place to be proud of. Telephone Nick Hagon, 01959 575799 for further information between 6.30pm and 9 pm.

Thank you, Nick Hagan



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A coffee morning was held on the 9th February in St. Mark's in aid of the Chartwell Cancer Unit. It was well attended and raised about £325. A big thanks you to all who came along to support the event.



FAIRTRADE at St. Mark's

It was agreed at a PCC meeting many years ago that coffee, tea and sugar provided at St. Mark's should carry the Fairtrade label whenever possible. Neil Walker supplies the church kitchen with these items. Please let him know if you see stocks running low. If for any reason you need to purchase these items for

St. Mark's yourself please buy those with the Fairtrade logo.

FAIRTRADE is a different way of doing business and is a growing international movement for change. Fairtrade is about better prices, decent working conditions, local sustainability, and fair terms of trade for farmers and workers in the developing world. By requiring companies to pay sustainable prices (which must never fall lower than the market price), Fairtrade addresses the injustices of conventional trade, which traditionally discriminates against the poorest, weakest producers. It enables them to improve their position and have more control over their lives.

With Fairtrade you have the power to change the world every day. With simple shopping choices you can get farmers a better deal. And that means they can make their own decisions, control their future and lead the dignified life everyone deserves. There are many other products that are Fairtrade - please look out for them whenever you are shopping. They are sometimes more expensive than similar products, but this reflects the fair price paid to the producers.

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BAPTISMS

“We welcome you in the name of the Lord”

Sienna Charlotte Rathbone
Melissa Carol Lockwood
Niamh Naomi Cunvin
Nina Naomi Cunvin

MARRIAGES

“Those joined together in Holy Matrimony”

Reed Ward Christman and Grace Laura Newman

FUNERALS

“The steadfast love of the Lord never ceases, His
compassion never fails; every morning they are renewed”

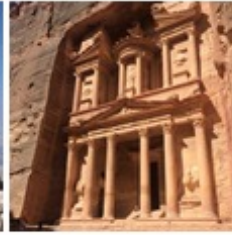
Hilda Lucy Richardson
Emma “Amy” Bailey
Arthur George Sheppeck
Julia Mildred Spiers

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Kenneth Henry George Addis



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Recycling Bottle Tops

A very big thank you to all of you who are regular milk bottle top collectors!! I have had a couple of requests asking what we do with the tops that are collected –

Well here goes – first of all I go through every bag that is given to us as occasionally tops other than milk bottle tops are put into bags and I have also found various items such as coins, batteries, plastic cutlery and even Lego bricks in the bags! Sometimes the tops are really filthy so those are sorted out and washed. Once sorted the tops are put into sacks which (when I have 10 of those!) get sent to a recycling plant in Portsmouth and we get money for them, not a lot but a little when we achieve 500kg. I sort the donated bags as if there are ‘foreign bodies’ in the sacks they would not be accepted at the recycling plant and the sack would be thrown away.

Currently any money raised this way goes to support the charitable giving in St Mark's which has included the work of Biggin Hill Romanian Group and also other charities. So one of the reasons I started this venture in St Mark's was certainly to fund raise but also to recycle an item that otherwise would go into landfill.

I hope this goes some way to understanding what happens to the tops that are collected! Tops can be brought into the Church, the Parish Office or dropped off at 6 Moselle Road.



Don't forget to make sure that the foil covering is taken out of the top and a quick rinse under the tap is always helpful!

Thank you – Chris Walker

PS Please only collect milk bottle tops, other plastics are not always acceptable by the company and bags may be rejected by them.



The wedding of Grace Newman and Reed Christman took place on Saturday 9th March.

The Rev Alison Newman married her own daughter!
It was a wonderful occasion.

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*'The Love of gardening is a seed once sown
that never dies',
Gertrude Jekyll*

Buds are swelling, Camellias are blooming, daffodils are dancing and spring is here! It is also the time to prepare for summer displays, as plants, seeds and tubers are an abundance in garden centres.

Many of the plants used for summer displays are tender and will not survive cold temperatures and frost. Unless you have a heated greenhouse, conservatory or a vacant warm window sill at home, small plants purchased from garden centres will perish in a cold greenhouse. The same applies to sowing seeds and planting tubers, such as begonias will not tolerate cold temperatures and seed will germinate erratically.



However there are ways around it to produce those favourite plants for the summer. Generally this time of year, it is the night time temperature that will spoil the party as temperatures drop during clear night skies. Once plants have been potted up in their individual pots or seed trays, they can be placed outside during the day in a well sheltered spot, maybe against the house wall and benefit from the early warmth of the sun. Then bring them in at night to the warmth of the house keep repeating that process until the frosts have gone.

As for sowing seeds, sometimes it can be better to sow in April rather than March, particularly so if March is cold. Sow in April and plants will catch up with their March sown counterparts and still flower in time for summer.

There are other methods available at garden centres to help with the protection of plants, such as propagators, seed trays with a plastic dome over the top. Sizes vary and will fit some of your susceptible plants. Not only to protect from cold wind and temperatures but also from mice, they love the tender shoots of plants this time of year, so do slugs and snails waking up from their winter slumber. Just need to keep the vents open, occasionally lifting the top, shake off the condensation and place it back on, still keeping an eye on temperatures.

Planting of begonia tubers in pots are similar to seed and small plants, particularly so when they start to shoot. Also keep them on the dry side just in case of frost, to avoid the compost freezing, also for added protection drape over some fleece during any cold temperatures.

To assist with germination, use fresh potting compost rather than use last year's, just in case of any slugs and snails hibernating during the winter or have laid eggs. If your compost sits outside, it may be wet and cold, not good for germination, as they need warm temperatures. Bring the compost in a week or



two earlier, also bring in the watering cans full of water earlier to allow them to warm up, seed will not appreciate cold water over them.

Once the tray is filled with compost, ensure it is level, as if it is uneven when watering, the water will drive the seeds into the corner of the tray and you will have uneven germination and possible rotting of the seedlings.

Alternatively sit the seed tray in a shallow tray of warm water, allow the capillary action of the water to be drawn up to wet the compost. To assist with germination, cover the surface of the compost thinly with vermiculite.

Now the sun is higher in the sky and starting to become more powerful, it can dry out the compost and erratic seed germination will happen. Cover the tray with sheets of newspaper, reducing the sun's rays on the surface of the compost and check them regularly for germination. Remove once they show signs of germination, water early morning or late afternoon. Avoid during the day, particularly in warm weather or place in the shade, reducing scorch on the delicate new foliage and if there is a cold night following, avoid watering until the flowing day.

As the plants get larger, start introducing them to cooler conditions ready for planting out at the end of May.

If greenhouse, conservatory and window sills are not available, there are plenty of annual and perennial seeds to be sown requiring little heat, just requiring light and moisture, such as Alyssum, Rudbeckia, Pot Marigold, Sunflower, Californian poppy, Love in a Mist are a few to try. They can be sown in trays, modules or straight into prepared soil in drills or sown over the soil surface. Annual seeds can be sown from March through to early May or in the autumn, both ways providing a spectacular display over the summer season.

Dates for your diary

March 20th 'Music in the garden, by Freda Davis

April 6th Spring Flower Show

April 17th 'The Life of the Mole' by Chris Stewart

May 15th tbc

May 18th Plant Sale

Doors open for talks at 7.30 for 8 pm start, at St Marks Church Hall, Church Road, the flower show doors open at 3pm and close at 4.30pm, the plant sale open at 10.30 am unless you are a member, the doors open at 10am for early sales.

Nick Hagan

Sienna Rathbone was baptised at St. Mark's on 13th January. Her parents are Craig and Stephanie



Nina and Niamh Curvin were baptised at St Mark's on 24th February. Their parents are Naomi and Dave.

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COMMUNITY TELEPHONE NUMBERS

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Biggin Hill Blind Club	01959 572817
Biggin Hill Community Care Association	01959 577400
Biggin Hill Computer Club	bhcc.club@gmail.com
Biggin Hill Evening W.I.	01959 700973
Biggin Hill Horticultural Society	01959 575799
Biggin Hill Musical Theatre Company	01959 701829
Biggin Hill Residents Association -	07763 215037
Biggin Hill Rangers, Guides, Brownies and Rainbows	01959 575717
Biggin Hill Romanian Group	07802 575417
Biggin Hill Society	01959 572569
Biggin Hill Scout Group	01959 509247
Bromley Council – Office Hours	0208 464 3333
Bromley Council - Emergency out of hours	0300 303 8671
Bromley Social Services - Emergencies only	0203 036 1574
Bromley Assoc. for People with Disabilities (BATH)	0208 663 3345
Childline (confidential helpline for children)	0800 1111 (24 hr)
Citizen's Advice Bureau (Bromley)	0208 315 1940
Community Links, Bromley	0208 315 1900
Crimestoppers	0800 555 111
Dial-a-Ride (For registration and enquiries)	0343 222 7777
Doctor's Surgeries –	
Stock Hill Surgery	01959 580011
Norheads Lane Surgery	01959 574488
Domestic Violence - 24hr Helpline	0808 2000 247
Electrical power cut - to be connected to the local network operator	105
FOAL Farm (Friends of Animals League)	01959 572386
GAS Emergency 24 hr freephone	0800 111 999
National Childbirth Trust (Biggin Hill)	01959 572209 or 01959 701765
New Life Church	01959 571667
NHS help line when you need medical advice	111
Police: Non Emergency Reporting	101
Local Safer Neighbourhood Team:	020 8721 2820
Princess Royal University Hospital	01689 863000
St. Mark's Parish Office	01959 577816
St. George's Memorial Chapel	01959 570353
St. Theresa's RC Church	01959 571404
Schools - Biggin Hill Primary	01959 575846
Charles Darwin Secondary	01959 574043
Cudham Primary	01959 572673
Oaklands Primary	01959 573963
Tatsfield Primary	01959 577356
Samaritans (Local branch) - 01689 833 000	24 hr - 08457 90 90 90
Textphone for hard of hearing	08457 90 91 92
Spitfire Youth Centre	01959 574835
St. John Ambulance	01959 701281
Thames Water	0845 920 0800
Trading Standards Rogue Traders Rapid Response	07903 852 090
Valley Hall Community Association	01959 573917/570020
Victim Support Scheme	0208 776 7071
Westerham Hill Baptist Church	01732 867516

No Coward Soul Is Mine

Emily Bronte

No coward soul is mine
No trembler in the world's storm-troubled sphere
I see Heaven's glories shine
And Faith shines equal arming me from Fear

O God within my breast
Almighty ever-present Deity
Life, that in me hast rest,
As I Undying Life, have power in Thee

Vain are the thousand creeds
That move men's hearts, unutterably vain,
Worthless as withered weeds
Or idlest froth amid the boundless main

To waken doubt in one
Holding so fast by thy infinity,
So surely anchored on
The steadfast rock of Immortality.

With wide-embracing love
Thy spirit animates eternal years
Pervades and broods above,
Changes, sustains, dissolves, creates and rears

Though earth and moon were gone
And suns and universes ceased to be
And Thou wert left alone
Every Existence would exist in thee

There is not room for Death
Nor atom that his might could render void
Since thou art Being and Breath
And what thou art may never be destroyed.

No Coward Soul Is Mine

Fear is a powerful emotion which debilitates many people's lives. Fear of the future, fear of sickness, fear of job loss, fear of death, the list can be endless. Yet Jesus came to set us free from fear and to give us peace in our lives. He never said, 'There is nothing to be afraid of' because He knows well that we will face 'storms' in our lives, storms which can be very frightening at times.

Rather, He said 'Do not be afraid' because He promises to be with us through those storms, to strengthen us and to guide us, if only we will let Him. Emily Bronte, well known for writing 'Wuthering Heights' certainly didn't have an easy time in her relatively short life, what with losing her mother at a very young age as well as many of her siblings. Life was hard for her yet, through her faith in God, she was able to make the following declaration about not being afraid, in the form of a poem, called '**No Coward Soul is Mine**'. I pray that we can all take these words to heart.

Steve Stewart

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THE MOVING CHURCH NEWS

IS THE PARISH MAGAZINE OF

St. MARK'S CHURCH, BIGGIN HILL

St. Mark's is known as the "Moving Church" as in the 1950's it was constructed from materials brought from the redundant church of All Saints North Peckham. This remarkable feat of dismantling and building carried out by local Biggin Hill people was accomplished through the initiative and vision of the then vicar, The Revd. Vivian Symons. He mobilised the local parishioners to create a truly worthy parish church in place of their ageing corrugated iron building. This fascinating story is recounted in an illustrated colour guide available from the Church.

St. Mark's is a pilgrim church; we do not simply accept the status quo, we are on a spiritual journey as pilgrims of old, actively seeking to draw closer to God and discover His will both in our own lives and the life of our local church and community which we love and serve. We are anxious "not to store up treasures here on earth" but to use all our church resources given by God, in His service and for His glory.

We want to share the good news of God's love in Jesus Christ with all those in our parish and neighbourhood. Hopefully this is portrayed by the way we live our lives, and speak to others.

We respect that we are all children of God, and we want to discover Christ in each other, encouraging personal growth in our individual relationship with each other and with Jesus.

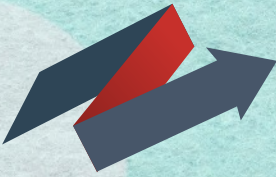
Worship is an integral part of our love for God, and we want our services to reflect dignity and sensitivity as well as joy and thanksgiving.

St. Mark's Church, Biggin Hill - People's Prayer

Dear God in Heaven who loves us so much,
Thank You for everything You do and provide for us.

We pray for Your church and community here in
Biggin Hill, that we may know Your plans for us
in this special town.

Especially, we pray for help in bringing all Your
children to You, so they may come to know You fully,
through our actions enabled by Your Spirit,
And through the life, teaching and example of
Your Son, our Saviour, Jesus Christ. Amen



The Next Moving Church News

Copy Deadline - 10th May

Publishing Date - 26th May

The Moving Church News is published every two months. For more information or for advertisement enquiries please contact Neil Walker - neil.walkerz@gmail.com - 01959 700815 or through the Parish Office

Contributions are welcome especially from local community groups or schools. Please contact Neil as above.

Keeping up with everything at St. Mark's.

If you want to receive a regular email giving all of the details of events and services at St. Mark's please send your details to Chris Walker. Her email is asnail@ntlworld.com. Your email address will not be passed on to anyone else.

Community Services in Biggin Hill

Hearing Aid Maintenance Clinic:

The clinic is held on the 4th Thursday of the month at St. Mark's Centre from 1pm to 2.30pm. Call in to have your NHS hearing aid cleaned and collect new batteries - all free of charge. The clinic is run by the Charity 'Hi Kent'. For more details please call 01622 691151 or go to www.hikent.org.uk. No appointment is needed.

Shopping

BHCCA have an assisted shopping service that takes place every Friday morning in Biggin Hill. It is for people who are unable to do their own shopping. Shoppers are collected from their homes and taken to do their shopping with help if needed. Please call 01959 577400 for more details or email bigginhillcommunitycare@gmail.com

Acknowledgements

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